**GREENWOOD PUBLIC SCHOOL, ADITYAPURAM**

**OUR MOTTO-DEVELOPMENT WITH DELIGHT**

**CLASS-I SUBJECT- E.V.S**

**TERM-1 SYLLABUS**

**CHAPTER-4**

**MY BODY NEEDS CARE**

**DIFFICULT WORDS:-**

1. Clean

2. Brush

3. Drink

4. Morning

5. Untidy

6. Dirty

7. Nails

8. Hankerchief

9. Towel

10. Soap

**QUESTION/ANSWERS:-**

Q1. How are our body parts useful to us?

Ans. Body parts help us in a lot of ways. Skin protects us from sun, muscles help us to move, talk and breathe , skeleton gives body a shape.

Q2. How can we keep our skin clean?

Ans. We must take a bath everyday to clean our skin.

Q3. What is the use of doing exercise everyday?

Ans. Exercise keeps us fit and healthy.

**H.O.T.S**

Q. Why do we need to keep our body clean?

Ans. We need to keep our body clean to remain healthy.

**ACTIVITY**

Q Write the use of the given objects.



1. I use a comb to comb my hair.

2. I use a toothbrush to clean my teeth.

3. I use a soap to clean my body.

**CHAPTER-5**

**THE FOOD WE EAT**

**DIFFICULT WORDS:-**

1. Meals

2. Breakfast

3. Plenty

4. Energy

5. Strong

6. Fight

7. Diseases

8. Healthy

9. Pulses

10. Grow

**QUESTION/ANSWERS:-**

Q1. Name the three main meals that we have in a day?

Ans. The three main meals are:-

1. Breakfast

2. Lunch

3. Dinner

Q2. Write three types of food that we eat.

Ans. 1. Energy giving foods.

2. Body building foods.

3. Protective foods.

Q3. Write two good eating habits that we should learn.

Ans. 1.We should wash our hands before and after every meal.

2. We should chew our food properly.

**NAME THE FOLLOWING:-**

1. Two food items that help us to grow.

Ans. Milk , Pulses.

2. Two food items that give us energy.

Ans. Chapati, Sugar.

3. Two food items that keep us healthy.

Ans. Fruits , Vegetables.

**H.O.T.S**

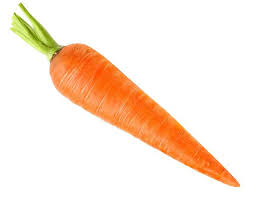
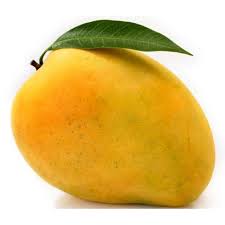
Q1. What would happen if we do not take breakfast?

Ans If we don’t take breakfast, we will feel weak.

**ACTIVITY**

Q Draw three fruits and vegetables you like to eat and write their

names.

GRAPES

BANANA

MANGO

TOMATO

BRINJAL

CARROT

**Chapter-6**

**The Clothes We Wear**

**Difficult Words:-**

1. Wear

2. Protect

3. Warm

4. Umbrellas

5. Carry

6. Sweater

7. Thunder

8. Through

9. Woollen

10. Cotton

**Question/Answers:-**

Q1. Why do we wear clothes?

Ans. We wear clothes to cover our body.

Q2. What type of clothes do we wear in summer?

Ans. We wear cotton clothes in summer to keep our

body cool.

Q3. Why do we wear woollen clothes in winter?

Ans. We wear woollen clothes in winter to keep our

Body warm.

**H.O.T.S**

Q. From which insect do we get silk?

Ans. We get silk from silkworms.

**ACTIVITY**

Q. Paste different types of clothes.

COTTON

WOOL

SILK

**Chapter-7**

**My Family**

**Difficult Words:-**

1. Family

2. Joint

3. Nuclear

4. Care

5. Cousin

6. Bring

7. Parents

8. Shows

9. Different

10. Kinds

**Question/Answers**

Q1. What is a nuclear family?

Ans. A nuclear family is a small family with only parents and children.

Q2. What is a joint family?

Ans. A joint family is a big family.

Q3. Two things that your family does for you.

Ans. 1. My family provides food and clothes.

2. My family makes me feel safe and secure.

**H.O.T.S**

Q. Name two types of families.

Ans. 1. Nuclear family

2. Joint family

**Subject Enrichment**

**Activity**

Q. Draw a family tree

