



**GREENWOOD PUBLIC SCHOOL ADITYA PURAM,  
OUR MOTTO - DEVELOPMENT WITH DELIGHT  
DATE SHEET FOR FINAL EXAMINATION (2016-17)**



**CLASS VI-VIII**

SUBJECT	VI	VII	VIII
28 <sup>th</sup> January 2017	DRAWING	G.K.	COMPUTER(Theory)
30 <sup>th</sup> January 2017	G.K.	COMPUTER(Theory)	DRAWING
31 <sup>st</sup> January 2017	COMPUTER(Theory)	DRAWING	G.K.
4 <sup>th</sup> February 2017	SANSKRIT	SANSKRIT	SANSKRIT
23 <sup>rd</sup> February 2017	ENGLISH	ENGLISH	MATHS
25 <sup>th</sup> February 2017	MATHS	SCIENCE	SCIENCE
28 <sup>th</sup> February 2017	SCIENCE	MATHS	HINDI
02 <sup>nd</sup> March 2017	HINDI	SOCIAL SCIENCE	ENGLISH
04 <sup>th</sup> March 2017	SOCIAL SCIENCE	HINDI	SOCIAL SCIENCE

**POINTS TO REMEMBER**

- Clear your dues and collect your roll card before the commencement of exam
- Come to school in proper uniform during exams.
- **ASL in Hindi & English will be taken in the Third week of January.**
- Attend revision classes without fail on non exam days. (Timings:- **9:00am to 12:30 pm** )
- Carry proper stationery including pen, pencil, eraser, sharpener, ruler, etc. and colour pencil for map work if required.

**MOST IMPORTANT**

- **Exam Timings:- 9:00am to 12:30 pm. (On all exam days the school will get over at 1:00pm)**
- **Result Declaration:- 20<sup>th</sup> March 2017 Timings:-9:30 am to 12:00 noon.**
- **New Session commences:- 23<sup>rd</sup> March 2017**

**TIPS TO STAY HEALTHY DURING EXAM**

- Stock up your fridge with apples, green veggies, and so forth, so that you'll have lots of great option during study break.
- Try going for a walk or a quick jog as a change of pace every morning
- Take naps to give yourself some mental and physical rest.
- Stay well hydrated. Chose your beverage well, though. Caffeine and sugar should be kept to a minimum.
- Make breakfast, your new study buddy.
- Stay away from Big & oily meals.
- Eat at regular intervals.

**TIPS TO MINIMIZE STRESS AND MAXIMIZE LEARNING DURING EXAMS**

1. Meditate
2. Get your body moving
3. Practice healthy eating
4. Stay hydrated
5. Get out in nature and enjoy fresh air
6. Take more consistent breaks
7. Practice good sleep hygiene
8. Avoid cramming
9. Study to learn, not for high marks
10. Avoid Distractions
11. Focus on one thing at a time
12. Create a study plan
13. Stay positive and confident
14. Listen to relaxing music
15. Remember to Laugh and Lighten Up

**WISHING YOU GOOD LUCK**

**PRINCIPAL**